School of Business & Humanities

Student Ambassador Profile 2024





Business and Management

2nd Year



Cumiskey

Why did you choose your programme of study?

I chose Business and Management as it offers many job opportunities after graduation and for the different modules within the course. I find it very different to the same subjects in secondary schools 'Business' and 'Accountancy'. Being able to learn each module in more dept and have a greater understanding I feel is extremely beneficial to me for future jobs. I also like having the option of going on an Erasmus and work placement too, this way I will get to experience different cultures and be able to adapt them into the way I work and being able to adapt to new settings and different situations.

Describe a typical day at college:

My typical day consists of coming to college for 8:30am even if I don't have lectures. I enjoy going to the library to check my emails and get assignments started or done. I tend to go to the snack box and meet up with my friends before we head to our lectures. During the breaks I go to the snack box and have lunch and then do some study or work. I also enjoy checking in with the Student Union Office.

What Sports / Clubs and Societies do you belong to:

I am a part of the Female Rugby team. I have never played rugby before but thought it would be fun to join and make friends outside of my course.

What do you enjoy most about Student Life in DkIT?

I really like the sense of family and community. My lecturers know me by name and are aware of my abilities, if I am not putting in my full potential they know how to



push me, this made the transition from secondary school to college very adaptable and comforting.

What are your plans for the future when you have completed your programme?

From the wide variety of options I am conflicted on what I would like to do in the future. I am sure on some potential job opportunities such as marketing, becoming a certified turnover professional, a team leader/manager or a marketing and/or communications lecturer. As DkIT offers the opportunity for me to complete my postgraduate, I am planning on completing my masters degree of MBS in Entrepreneurship and Marketing. I am also considering doing a MSc in Management. I feel this will give me a greater understanding of more niche topics along with a better opportunity for applying for future jobs.

What three pieces of advice would you give to students coming to do your programme?

Three pieces of advice would be:

Be yourself, college is not like school where you have to be someone you are not just to fit in. There are so many different types of people and you are guaranteed to find at least one person you can call a true friend.

Stay on top of your work. It is very easy to fall behind and at the end of the semester there are a lot of continuous assessments or class tests due. If you stay on top of your work and do it well before its due it gives you more flexibility and time to relax.

Finally, join societies and get involved, your college experience is what you make of it. By pushing yourself out of your comfort zone the

worst thing that can happen is that you tried something new and you mightn't have liked it.





Event Management

2nd Year

Veronika

Slepickova

Why did you choose your programme of study?

I wasn't sure about what course I would like to study and that's why I changed my course multiple times. However, Event Management involves a variety of topics and I find this interesting.

Describe a typical day at college:

I go to college and go to my lectures. Sometimes we attend to some guest lectures or other events that are provided in college. Between classes I stay in snack box with my friends I made in college, or if the break is longer I return home since I live a few minutes from college.

What Sports / Clubs and Societies do you belong to:

I am part of Czech and Slovak Society in DkIT.

What do you enjoy most about Student Life in DkIT?

Definitely the atmosphere in the college and teacher's approach to students. I always thought college is hard and I didn't believe in myself much but teachers are the biggest support and make everything actually quite easy and help with everything.

What are your plans for the future when you have completed your programme?

Get some experiences, and find a permanent position.



What three pieces of advice would you give to students coming to do your programme?

Try to get as much experiences as you can. Be active.

Don't be scared to ask for help or discuss any problem you may have. The teachers are so helpful and don't want you to struggle.

It is good to find balance between social life and college





DK753 Culinary Arts 2nd Year

Oshini

Herath

Why did you choose your programme of study?

I chose my program at Dundalk Institute of Technology because it offers a great mix of theory and practical skills, which is important for my career. The program was well structured and known for its high quality education. DkIT also has modern facilities, like in my aspect, a professional practical kitchen and equipment, which help me learn hands on. The smaller class sizes mean I get more attention from my teachers, making it easier to understand the material. The school has strong connections with companies, giving students chances for internships and work placements. This real world experience is crucial for my future job prospects. I am already excited for my placement next year.

Additionally, the campus is lively and welcoming, with lots of support services like academic advising and career counseling. This

helps create a positive learning environment. Overall, DkIT's excellent education, practical learning opportunities, and supportive community make it the perfect place for my studies.

Describe a typical day at college:

Waking up for another exciting day at the practical kitchens. And theory lessons after that. It's tiring but it's my great satisfaction at the end of the day.

What Sports / Clubs and Societies do you belong to:

None at the moment. Hoping to join in the coming year.



What do you enjoy most about Student Life in DkIT?

Everything. Everything including highs and lows. As an international student, being far away from my home country it is not easy. But the welcoming nature from both students and lectures in college makes me feel home. Making new friends, connections and network.

What are your plans for the future when you have completed your programme?

My plan is to face anything that comes my way with my best approach. But, thinking of a future plan after college, I would love to work here in Ireland to get more experience in my career.

What three pieces of advice would you give to students coming to do your programme?

You are in the right hands. Just do your best! You'll get the best!.





Culinary Arts

2nd Year

Daniela

Schmidová

Why did you choose your programme of study?

Because I always wanted to study this but I am not able to at home.

What Sports / Clubs and Societies do you belong to:

Volleyball club.

What do you enjoy most about Student Life in DkIT?

All of the parties, awards night, horse racing,... which they organize for us.

What are your plans for the future when you have completed your programme?

Work for few years and hopefully open my own restaurant/ bakery after.

What three pieces of advice would you give to students coming to do your programme?

You really need to like this or else you will not enjoy it, so think twice before committing to study culinary arts.

Go to your practical classes they are the most important.

Don't do the bare minimum. Push yourself a bit and don't play it just to pass.





Sport, Exercise and Enterprise

2nd Year

Shane

Rooney

Why did you choose your programme of study?

I love sports and I just felt this was the course for me. I've always wanted a career in the sports industry and this course gives you various amount of opportunities to develop your knowledge and skills in the field as well as preparing you for the world of work.

What do you enjoy most about Student Life in DkIT?

It's a great working environment, all the fellow students and lecturers are hands on and will give you all the help you ness

What are your plans for the future when you have completed your programme?

I hope to get a job in the sports industry as well as furthering my education in becoming a Physical Education Teacher and a Coach in some aspect whether that be with a professional team or as a one to one coach.

What three pieces of advice would you give to students coming to do your programme?

Be yourself and don't be afraid to get involved in the wide range sports and societies that the college has to offer. Don't leave projects or assignments until the last moment as coursework is compacted in a short period as the college year is very short.





Sport, Exercise and Enterprise

2nd Year

Tanisha

Thompson

Why did you choose your programme of study?

I've always had an interest in keeping fit and healthy, so when it came to chose what I might do in my future career something sport oriented was very fitting for me.

Describe a typical day at college:

I usually have classes 9am - 2 or 3pm most days, between these hours on any of my free slots on my timetable I spend, either catching up on coursework, revising or going for lunch.

What Sports / Clubs and Societies do you belong to:

Ladies GAA foootball team.

What do you enjoy most about Student Life in DkIT?

Socialising at DkIT is great! There are lots of opportunities to meet people via sport, culture and religious groups throughout the college.

What are your plans for the future when you have completed your programme?

I plan to do a masters in dietetics in either Belfast of Dublin. I will hopefully go down the more nutritional route.

What three pieces of advice would you give to students coming to do your programme?

Make sure to give it your all. Remember that's there are plenty of people willing to help out, whether that be with coursework, exams or any in or out of college query. But most



importantly enjoy yourself! Make sure the course you're doing is for you and don't be afraid to change your mind if that is what will work for you.





Community Youth Work

2nd Year

Ella

Callaghan

Why did you choose your programme of study?

I would like to improve the lives of young people if I can and give them a safe space.

Describe a typical day at college:

Go to snack box in the morning for breakfast and then complete my days at classes.

What do you enjoy most about Student Life in DkIT?

Being social with classmates.

What are your plans for the future when you have completed your programme?

To find a job within this line of study and to travel.

What three pieces of advice would you give to students coming to do your programme?

Be yourselves.

Be open minded.

Be kind.





Community Youth Work

3rd Year

Morgan

Hollywood

Why did you choose your programme of study?

The course was exactly what I was looking for, although it can be full on, I feel more prepared for the future in Youth Work. The lecturers are also incredible, with a lot of experience.

Describe a typical day at college:

Some days are more full on than others, but there is always time for good food and a bit of craic.

What do you enjoy most about Student Life in DkIT?

The social aspect.

What are your plans for the future when you have completed your programme?

I hope to work for the Education Authority.

What three pieces of advice would you give to students coming to do your programme?

Know your student number by heart, or always have it on hand.

Don't be afraid to ask for support or clarification if you are unsure of something.

Enjoy the process, it can be stressful but don't let that ruin the experience.





Accounting and Finance

2nd Year

Evan

Dowd

Why did you choose your programme of study?

I felt that a career in accounting and finance would be very interesting. I believed that smaller class groups would be very beneficial when it comes to learning complex topics. After looking at the modules I would be studying, I was confident that this course was right for me.

What do you enjoy most about Student Life in DkIT?

Smaller class groups makes it easier to settle into the course and make friends.

What three pieces of advice would you give to students coming to do your programme?

Attendance is key.

Do not get impatient if course feels slow at times, 1st year allows for everyone to get to grips with the course.

Taking notes is just as beneficial as it has ever been.





Accounting and Finance

2nd Year

Favor

Ofeosi

Why did you choose your programme of study?

I have been interested in business as a subject of study since junior year of secondary school this continued up until my final year. I found accountancy and finance to be a great sub genre of business to study.

Describe a typical day at college:

My college days would be over a 9am to 4pm schedule, typically with a one hour break in between. A typical day for me at college would be to arrive at 8:45am and prepare for my classes by collecting the books I need. At 9am I would start my day and continue going from class to class untill break time where I would spend time walking around the campus with a friend or attend a workshop. After my break I would go to my classes and finish at 4pm.

What Sports / Clubs and Societies do you belong to:

I belong to the Christian Union at DkIT.

What do you enjoy most about Student Life in DkIT?

I enjoy the abundance of activities and workshops offered to us at DkIT.

What are your plans for the future when you have completed your programme?

I plan to gain a few years of experience at an accountancy firm before completing my masters in accountancy and finance.

What three pieces of advice would you give to students coming to do your programme?

Don't be afraid to ask questions when confused



Check emails regularly for any upcoming events/notifications from tutors.

Prioritise making new friends aswell as studying.





Accounting and Finance

2nd Year

Benediktus Marvin

Why did you choose your programme of study?

DkIT have suports and great lectures to help the student career, and also to improve on themselves. They also put more emphasis on practical study rather than a lot of theories. DkIT is one of the most diverse Universities with a lot of people from multiple backgrounds. Meeting them and listening to their stories, and making connections with them can help you a lot and in more ways than you think. I choose accounting and finance because it is the most demanded sector and I think in the future a lot of people will realise that investing in early age is important for their future and also in emergency.

Describe a typical day at college:

Searching my class, then talking to my friends. Listening and engaging with the lectures. Go to the library to study and work on homework. Go to the society.

What Sports / Clubs and Societies do you belong to:

Equestrian, Table top, Manga and anime Badminton.

What do you enjoy most about Student Life in DkIT?

The lectures and the students are friendly with a lot of societies to help the students improve on their social skills and a lot of suports to help smooth the way of student into their career goals.

What are your plans for the future when you have completed your programme?

I'm planning to go to the financial sector as a financial advisor or a broker or an asset



manager that works in a multinational company and try to go to different parts of the world. Then I will try to develop an app that can help people manage their money with easy accessibility to convert, invest, and transfer their money without creating too many fees on the customer. Also tools for making calculations on debt and interest better and trustworthy.

What three pieces of advice would you give to students coming to do your programme?

Be calm and don't overwhelm yourself.

Don't be afraid to ask other people.

Always try to use the available suports provided by the school.



Accounting and Finance

2nd Year

Zainab

Sulaimon

Why did you choose your programme of study?

Observing how my parents managed to keep proper accounts on how money was spent piqued my interest, this eventually led me to realise that accounting was my calling.

Describe a typical day at college:

Usually, a typical day in college would seem tiring and never ending in the beginning. Eventually though, things will start to be more interesting depending on your schedule.

What do you enjoy most about Student Life in DkIT?

I love the fact that DkIT is genuinely interested in student welfare and mental wellness. I also love that there is always something going on in the college that will take your mind off things for a while.

What are your plans for the future when you have completed your programme?

I plan on working in one of the top accounting firms for a while, getting a bit of work experience, then going ahead to complete a Masters degree in Business Analytics.

What three pieces of advice would you give to students coming to do your programme?

College isn't as scary as it sounds.







Business Studies

2nd Year

Tadhg

O'Brien

Why did you choose your programme of study?

I have a great interest in business, and felt the business studies course in DkIT covered great content and was convenient for me as it gave me best chance to keep up my sports outside of college.

Describe a typical day at college:

Up at 8 am sharp, head to college for 9 am by car. Meet with the lads at around 8:30ish for a coffee to start the day off strong. Head to array of classes which vary each day. Take notes, do questions, all while having a laugh with the lads. Finish up each day of college at 3/4 pm each day, final bit of talking with the lads. Head home for 4:30ish, do hour or two worth of study on a chosen topic. Dinner cooked and eaten by 7, then head off to sport training for 8pm.

What Sports / Clubs and Societies do you belong to:

In my first year of DkIT, I participated in the colleges GAA teams. I played in Freshers GAA along with being involved in the colleges Trench Cup team.

What do you enjoy most about Student Life in DkIT?

The capability to mix with students from all around the country is very enjoyable, I have made friends with people from across the country both within my course and outside of my course.

What are your plans for the future when you have completed your programme?

My plan is to complete the 3 year course and then continue my education for a fourth year by doing an internship in Dublin to gain more



knowledge and experience of the world. With a great hope of completing my Masters once my internship is completed.

What three pieces of advice would you give to students coming to do your programme?

1. Do the assignments as soon as possible once you are giving the details. Makes life easier for yourself and gets the best out of you.

2. Talk to everyone within your course and mix. This will make the course more enjoyable and make it easier for you to come to college everyday.

3. Plan your week at start of each week, this helps build routine and creates a habit. Makes college fly by and gets best results out of you. Don't procrastinate





Digital Marketing & Strategic Communication

2nd Year

Laura

Augustine

Why did you choose your programme of study?

I have a keen intetrest in social media and marketing. I wanted to learn the fundamentals and all that it takes to become a successful marketer. We're constantly surrounded by advertisements and sometimes don't even realise it. A hoover for most is a vacuum cleaner, but it's actually a name of a brand. I wanted to learn how to be able to understand what people want and creatively come up with ideas to execute them and draw others attentiom to them.

What are your plans for the future when you have completed your programme?

My plans for the future are to work in a marketing firm. Perhaps somewhere abroadlike London, New York or Dubai would be the dream. I want to work with the biggest and most successful brands and clients. Or maybe market someone small and turn them into a world renowned. So I have to make sure I use the time I have left at DkIT to my full potential.

What three pieces of advice would you give to students coming to do your programme?

Attend lectures, you learn so much by just being present. Make friends, this career choice is all about working in a team. Start early, come out of your safe bubble and start chatting with others. Read, read and once again read, everything about anything. The more you know abouy what's happening in the world and what's new you'll have more ideas when it comes to coming up with ideas and creating content for your classes coursework.





Digital Marketing & Strategic Communication

2nd Year

Holly

Francis

What do you enjoy most about Student Life in DkIT?

I most enjoy how helpful and friendly everyone is, from our lecturers and auxiliary staff, to our student body and Student Union: there's a real bond and feeling of goodwill between us all.

What are your plans for the future when you have completed your programme?

I plan to either go into Marketing and work as a marketing executitive, or go into Advertising and work as a copywriter.

What three pieces of advice would you give to students coming to do your programme?

• Don't be scared to walk up to someone in your course, and start a conversation with them; you're probably both feeling the same things about staring college!

• Join a society or club; clubs and societies are great ways to meet new people from outside of your course.

• Work hard, but not too hard! The experience of college isn't just all about study: go out, party and make friends. It's important to take breaks from studying every now and then to improve your mental health and resilience.





Event Management with Marketing

2nd Year



Meiere

Why did you choose your programme of study?

I chose Event Management with Marketing because I have always enjoyed planning events for family and friends.

What do you enjoy most about Student Life in DkIT?

How nice and understanding the lecturers are and all the events that DkIT plan for the students.

What are your plans for the future when you have completed your programme?

I will work full time in the events industry and after I will create my own company.

What three pieces of advice would you give to students coming to do your programme?

Attend as many classes as you can.

Reply to your lecturers emails and class representative messages.

Enjoy your college life





Arts

2nd Year

Nazarij

Kaljuzsnij

Why did you choose your programme of study?

I chose Arts and Hummanities as my area of study, because from a very young age I had a keen interest in history and politics . It was always fascanating for me to analyse the evolution of society in terms of clothing , music and cultural trends, particulary in the 19th century and 20th century. I also loved to listen to stories of my family about their lifestyle and the life that they had in the past. This has motivated me to take on history and politics as a degree to study .

What do you enjoy most about Student Life in DkIT?

Student's life without a doubt can be an overwhelming and stressful experience. For me, DkIT is an oppurtunity to excell in my passion of research in history and politics. This is also a great oppurtunity to meet new people and make new friends, feeling a deeper sense of belonging in the community. In DkIT , there is a great libary with very approachabloe staff who were always willing to help me throughout my journey.

What are your plans for the future when you have completed your programme?

Hopefully in the future I can advance to do MA in History in UCD, if I achieve suffient points and get a job as a reasearcher in a history related enviroment.

What three pieces of advice would you give to students coming to do your programme?

Don't Panic you will not be accepeted to do something beyond your ability.

Enjoy your time in DkIT and use it as an oppurtunity to make new friends.



Always ask when you do not understand, the lecturers are very helpful and are willing to support you in your studies.

Hand every piece of assetments in and it will increase your chance of passing the module.

Join as many clubs and societies as you can and it will get you up to speed with DkIT.

Remember first year is just the begining of your academic journey. While not everything you do will be perfect, the important thing is to indentify your mistakes and learn from them, this is preparing you for the second year.





Arts

2nd Year

Maeve

Murray

Why did you choose your programme of study?

I chose the arts course as I've always had an interest in English and history both in school and in my everyday life. I wasn't fully sure in my last year of school what I wanted to do but I just knew those were things I gravitated towards. The digital humanities aspect spoke to me too as I enjoyed computers in secondary school and it is always a good skill to develop further.

What do you enjoy most about Student Life in DkIT?

I think I enjoy how communal DkIT feels. You know most of the people you see every day and you create bonds with people and your lecturers get to know you. You don't become another face or number like you would in other colleges. DkIT is its own community and you feel very supported by everyone. It is very hard to feel alone in DkIT it seems like at every corner you turn you run into someone you know and speak to. Although the departments are spread out over a couple of buildings it doesn't feel a million miles away.

What are your plans for the future when you have completed your programme?

After my 3 years in DkIT, I hope to do my Master's in education and go on to be an English and history teacher but I found since joining the course that there are a lot of different pathways into a range of careers. I think teaching though has always stuck out to me as a career and I know it is not only something I would enjoy but something I would (hopefully) be good at.



What three pieces of advice would you give to students coming to do your programme?

My three pieces of advice for new students coming into the Arts programme would be: Stay organised and prepared. The workload is so much easier when you keep on top of things

Use the resources available to you. DkIT has so many amazing resources both on campus and online and from someone who spends so much time in the library, I could not recommend it enough.

Don't be afraid to talk to people in your course. The course size is small so you'll get to know everyone fairly quickly but it is everyone's first year too, so don't be nervous about approaching them.





DK862 Social Care 2nd Year

Divine

Emafo

Why did you choose your programme of study?

I always wanted to do something in the caring profession. However, I wasn't quite sure exactly what field I wanted to go into. I remember coming across social care on my CAO and I thought this course really aligned with my personality and my beliefs. I love the aspect of empowering individuals and supporting them in their community's, whilst also challenging discrimination they may face.

What Sports / Clubs and Societies do you belong to:

I belong to the Christian union.

What do you enjoy most about Student Life in DkIT?

I enjoy the lectures, they are very engaging. I also really like the way there is a range of societies and clubs you can join to tailor to your needs. Lectures are very supportive and encouraging.

What are your plans for the future when you have completed your programme?

I plan to get a Masters in Social work whilst working part time as a social care worker and by the grace of God, I hope to work in child protection or as a medical social worker in a hospital.

What three pieces of advice would you give to students coming to do your programme?

1. Make the most out of your classes and your time here in DkIT.

2. Be invested in your school work but also make time for yourself. I would recommend that you join clubs or societies that are of your preference.



3. Also, don't leave your assignments until the last minute as it will leave you under pressure and the quality of work won't be as good.

4. Always ask your Lecturers questions if you don't understand, no question is a stupid question. They are there to support you.





DK862 Social Care 2nd Year

David

Johnson

Why did you choose your programme of study?

Social care in DkIT is a fantastic course and has far exceeded my expectations. I completed a level 5 social studies course in DIFE so that gave me an idea that social care was the career I wanted to pursue. There is a good blend of modules to settle you, in addition to individual assignments, groupwork, and most importantly, not too many exams. The highlights are obviously the placement you go on in 2nd year, inclusive Arts where you work alongside service users in RehabCare, and the lecturers aren't too bad either!!

Describe a typical day at college:

I generally arrive in on public transport (which the college has in abundance) for 9am. Grab myself a coffee in the well and meet classmates for an aul catchup. You will generally have an hours lunch at some point, but there are days were there is more than an hours break, use the time wisely and go up to library to research books that may be useful or interesting. Scoping the reading suggestions from each module descriptor is always a good starting point. College generally finishes around 3 or 4 at which point I switch off college work until the evening time.

What Sports / Clubs and Societies do you belong to:

Unfortunately, I don't belong to any sports clubs or societies here in DkIT. I'm a father to 3 young children, so managing time at home as well as education is crucial. I would also suspect my wife would kill me (!) if I added in the extra-curriculum.



What do you enjoy most about Student Life in DkIT?

Meeting new people and learning loads associated with the social care profession. Our class has such diversity and an array of characters from both classmates and lecturers, so you are always learning from others and having a bit of craic at the same time.

What are your plans for the future when you have completed your programme?

I'm hoping that results will be positive and potentially open doors for the new Social Care Masters degree that has recently been established in DkIT. I am eager to start working though as a social care worker and given the diversity of social groups, opportunities are endless. I did enjoy my first placement working in a children's residential home but I also want to challenge myself and work in areas such as intellectual disabilities and addiction services.

What three pieces of advice would you give to students coming to do your programme?

Enjoy the experience - yes, its a new environment you are going into, but everyone in your class is in the same boat. Help each other out and be mindful that some may find the experience more daunting than others. Engage with the course content and lecturers, some of the modules are aimed at developing your way of thinking and reflecting on experiences that may have shaped your way of thinking (you will understand what I mean in no time). The Lecturers are brilliant if you are ever finding parts of the modules difficult to grasp, so ask questions and they will help. Give yourself time off too! - Yes college is busy with reading content, assignments to do, exams to study for. But, learn to give yourself a break also and do something that you enjoy doing outside of college work, sure its well deserved!





DK862 Social Care 3rd Year

Sinead

McNamee

Why did you choose your programme of study?

I had completed a Pre-University Nursing Course and I realised from one of the modules and from placement that my interest was in social care and not in nursing. The social care programme in DkIT appealed to me as it is regulated by CORU, has a wide range of modules, and has two blocks of placement, where I could gain a real insight into what life as a social care worker looks like. Furthermore, graduates of the course have a high rate of employment in their chosen field.

What do you enjoy most about Student Life in DkIT?

I have found that I have made great friends from by course, who are all enthusiastic about developing new skills and knowledge to support people. The content of the course is diverse, which keeps it interesting, and the Tutors have been invaluable in providing me with support throughout the course. I have really enjoyed my experience working in family support in my placement, as it gave me confidence in implementing what I had learned in the classroom and provided opportunities to work within interdisciplinary and multidisciplinary teams.

What are your plans for the future when you have completed your programme?

I would like to work as a social care worker in family support services, as I really enjoyed my placement in second year, where I worked within a team, providing support to vulnerable children and their families. However, I feel that I need to gain experience working in other fields, such as intellectual disabilities, homelessness and addiction services before I can fully commit to the area I



would like to work in social care.

What three pieces of advice would you give to students coming to do your programme?

Be open, friendly and interested in meeting and working with people, this course is about collaboration and teamwork.

Procrastination is not your friend. Complete a paragraph on an assignment a day, this makes a real impact on your workload at the end of the term.

If you are having difficulty in understanding a topic or concept in a lecture, speak up, the Tutors are always willing to explain topics again.





Social Care

3rd Year

Taylor

Smith

Why did you choose your programme of study?

I chose DkIT because it focuses on practical learning, provides great placement opportunities for work experience, and prepares students well for careers by combining practical and academic education.

What do you enjoy most about Student Life in DkIT?

Meeting new people and forming new friendships.

What are your plans for the future when you have completed your programme?

Social care workers play a crucial role in society, supporting individuals and families dealing with various challenges like disability, or social disadvantage. After finishing my social care course, I aim to work within this field.

What three pieces of advice would you give to students coming to do your programme?

Pay attention to all the tips and advice your lecturers offer, and most importantly, try not to compare yourself or your work to others. Trust in your own abilities and opinions. Mix with your classmates and make friends. Have fun and enjoy yourself.





Sports, Exercise with Business

2nd Year

Lauren

Lodge

Why did you choose your programme of study?

I've always been interested in sports/ exercising, so I knew that working in the fitness industry was something I'd like to pursue, which is why I chose this course. Also because there is a business element too. So, if in the future I want to open up my own fitness facility or become a manger of one, I would have the basic skills and qualifications to do so. This course has so much to offer and will broaden your horizons and knowledge when it comes to the fitness/business industry.

Describe a typical day at college:

Get the bus into college and walk to my classroom for my first lecture. Depending on my timetable for that day I may have an hour break or another lecture after the first one. When I get a break I go to either the snackbox to get some food and meet up with friends, go to the gym or I go to the library to get some work done. I would normally finish the day with another lecture or two then get the bus back home.

What Sports / Clubs and Societies do you belong to:

I'm not involved with any sports soc/clubs here in DkIT as there was always a transport issue for me as I'm not from Dundalk, but I do kickboxing in another club back home.

What do you enjoy most about Student Life in DkIT?

I enjoy socialising with other students here at DkIT, there's never a dull moment! There are many places to hang out in the college from the sports hall to the snackbox. There are always events happening around the college or being organised by the Student Union



which I love.

What are your plans for the future when you have completed your programme?

My plans for the future when I've completed my course are to study over in Liverpool at the John Moores University and achieve a BA (Hons) in Physical Education to become a fully qualified a PE teacher. Later, in the future, I'd love to obtain my Masters so that I can become a lecturer more specifically in Developing Physical Literacy in Children and now I have an interest in this topic which I never knew until I started this course.

What three pieces of advice would you give to students coming to do your programme?

Don't skip the lectures you find boring

Work hard in all subjects (it all adds up in the end).

Don't leave your assignments too late.

Socialise with others and make friends (It makes college so much better).

