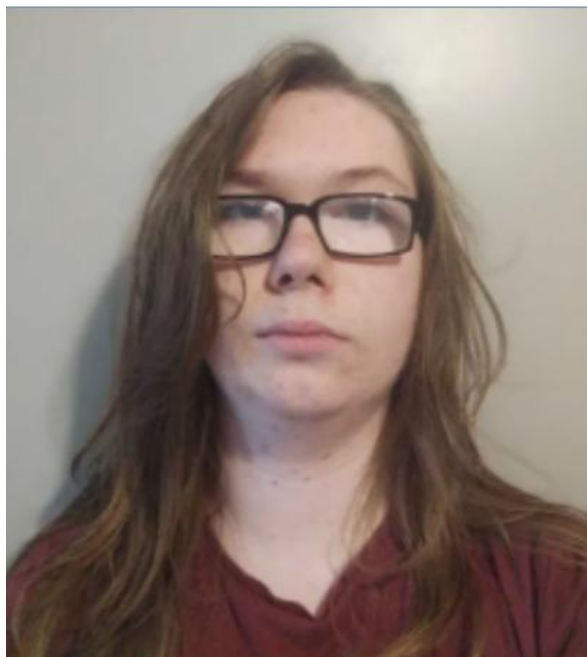


School of Health & Science

Student Ambassador Profiles 2026





DK781

***Bachelor of Science in
Bioscience***

2nd Year

Troy

Kelly

Why did you choose your programme of study?

I've always had an interest in science, particularly biology, so the bioscience course seemed like the best fit for me. I know DkIT has strong ties to the surrounding pharmaceutical companies, and I thought a course here would be a great chance for me to gain valuable experience in that industry. The facilities DkIT provides were also a big incentive, as I believed having access to and getting to study in the state-of-the-art laboratories DkIT recently installed would provide great hands-on experience for me. As well as that, the location of the college was a large factor, as I live quite close and my mother works nearby, so I am able to commute with her up to the college every morning.

Describe a typical day at college:

I usually wake up around 7:00 am to get ready and leave at 7:50 with my mother. She drops me off a little bit down the road of the college, and on a standard day I'll arrive on campus at 8:30, giving me enough time to have breakfast and prepare myself for whichever class I have at 9:00. Once I get to my first break I like to head out to one of the nearby shops to purchase lunch for myself, which I eat there before heading back to campus. If I'm given more free time during the day, I like to hang out in the library and study. Most days end around 5:00 pm, in which case my mother will be arriving shortly after to pick me up. On days where class ends earlier however, I will usually get the bus from the front of the college back home.

What do you enjoy most about Student Life in DkIT:

I enjoy how friendly the campus is at DkIT. All of my lecturers have been kind and welcoming, and it makes them easy to approach in regards to any problems with my coursework. There is a strong sense of community on the campus and it really helps you feel like you belong.

What are your plans for the future when you have completed your programme?

I've not entirely decided on what I'm going to do next, but currently my plan is to get a job in one of the surrounding pharmaceutical companies, preferably a job working inside the laboratory for similar reasons as stated in for why I chose my programme of study.

What three pieces of advice would you give to students coming to do your programme?

You should be open to talking to people and making new friends. Most of the people you'll meet in your classes will be in the exact same situation as you and looking for new people they can hang out with. Use that and make connections with your peers early on in the year.

Don't be afraid to talk to your lecturer if you have an issues with your coursework. They don't want to see any of their students fail, and asking for help won't bother them at all. It's part of their job to help however they can.

Complete your assignments as early as possible. You never know when something might go wrong and leave you unable to complete your work.



DK781

Bachelor of Science in Bioscience

2nd Year

Cahal

McGovern

Why did you choose your programme of study?

I've always loved science and had a passion for it, especially biology and chemistry, even since I was a little kid. After a while of being out and working, I decided to come back to education and the bioscience course appealed to me because of how many options of study and career it offers.

Describe a typical day at college:

Get in early to grab a space in the car park, relax in the snack box with some friends before classes start, attending whatever lectures or classes I have on that day, go and either study, read or meet people in the library in the breaks and get some food at some point during the day and then head home.

What do you enjoy most about Student Life in DKIT:

How available everything is, I never felt left out or excluded. All of my lecturers were friendly and all made lectures or classes engaging while constantly looking for feedback. I never found the content too challenging and was able to take everything at my own pace. The snack box is elite as well.

What are your plans for the future when you have completed your programme?

At the moment, after I get my BSc I would like to go on and pursue a masters in a certain field of Biology, potentially after working a couple of years in industry to gain some experience. I'm not totally sure what to pursue a masters in but a few fields that interest me would be Microbiology,

Immunology, Zoology or Ecology.

What three pieces of advice would you give to students coming to do your programme?

Definitely keep on top of your notes and work because later on in the year you'll thank yourself.

The lecturers are always willing to help so come to them with anything you're struggling with in the course.

Look into the clubs and events that the college runs because there are a ton.



DK783

Bachelor of Science in Pharmaceutical Science

3rd Year

Eyni

Bile Ibrahim

Why did you choose your programme of study?

I chose to study pharmaceutical science at DkIT because I have always been interested in science and caring for other people and I wanted to study a course that has a real impact on people's health and wellbeing.

Describe a typical day at college:

A typical day at college starts at 9am with lectures or laboratory practicals depending on the timetable. Attend lectures, classes or lab sessions throughout the day and spend time with classmates between. During long breaks or after college, I go to the library to work on assignments or revise/review lecture materials or study for a CA/exam. Then head home.

What Sports / Clubs and Societies do you belong to:

Islamic society.

What do you enjoy most about Student Life in DkIT:

What I enjoy most about student life at DkIT is all the opportunities, options and challenges we get try everyday. There are always new experiences and activities that help us grow and develop new skills.

What are your plans for the future when you have completed your programme?

Once I completed my course, I hope to start a career in the pharmaceutical industry and continue building my knowledge and experience. I want to apply all the practical skills I've developed at DkIT and keep learning throughout my career.

What three pieces of advice would you give to students coming to do your programme?

Stay organised from the beginning.

Keep track of lectures, lab sessions, assignments or CA etc so you don't fall behind.

Everyone is supportive so don't be afraid to ask for help.

Make the most of every opportunity you get.



DK783

Bachelor of Science in Pharmaceutical Science

3rd Year

Rodrigo

Suarez

Why did you choose your programme of study?

I chose Pharmaceutical Sciences at DkIT because it offered a broad and well-balanced perspective on the pharmaceutical field, combining science with elements of business and regulatory understanding. I was attracted to the fact that the programme does not focus solely on one narrow area, but instead provides a strong foundation across multiple disciplines within pharma. This broad approach has helped me develop a clearer understanding of how the pharmaceutical industry operates as a whole, rather than only the laboratory side. It has also allowed me to explore different areas of interest, including drug development, regulation, and applied science. Overall, I chose the programme because I wanted something practical, versatile, and relevant to future career paths in both research and industry.

Describe a typical day at college:

A typical day at college usually involves laboratory sessions, which are a core part of the course, along with lectures from engaging lecturers. Between classes, I often grab food or meet friends around campus. I usually take the DkIT shuttle bus, go to the gym, and then head home to relax or study. A big part of student life is socialising with friends, which really makes the experience in Dundalk enjoyable.

What Sports / Clubs and Societies do you belong to:

I am not currently involved in any specific societies, however I have participated in volunteering activities and completed an Erasmus exchange during my degree. I also spend a lot of time training at the DkIT Sport, which is a key part of my routine outs

What do you enjoy most about Student Life in DkIT:

What I enjoy most about student life at DkIT is the practical nature of the course and how often you see familiar faces around campus and in Dundalk. Because the town is small, you regularly meet classmates and friends in everyday places, which creates a strong sense of community. I also really enjoy the gym culture and the social aspect of student life here.

What are your plans for the future when you have completed your programme?

After completing my degree, I plan to pursue a master's, most likely in medicinal chemistry or neuropharmacology, with a particular interest in brain drug interactions. I am especially interested in understanding how compounds affect the nervous system and how this can be applied in therapeutic development. I also find regulatory affairs very interesting, as it provides a clearer understanding of how the pharmaceutical industry operates and makes the job market feel more accessible and less intimidating. In the long term, I would like to build a career in the pharmaceutical or neuroscience field, ideally in research or a role connected to drug development and regulation.

What three pieces of advice would you give to students coming to do your programme?

Make friends early, as a lot of work is group-based and having good relationships with classmates makes the course much easier.

Attend all lectures, as the content is extensive and staying consistent makes studying significantly easier.

Finally, do not neglect lab reports, as they are time-consuming and can quickly build up if left too late.



DK784

Bachelor of Science in Veterinary Nursing

2nd Year

Lauren

Byrne

Why did you choose your programme of study?

I've always had a love for animals, so Veterinary Nursing felt like the right career path for me. DkIT stood out because it's a three-year course and offers work placement from first year, which meant I could start gaining practical experience straight away. I liked the balance of learning in the classroom and getting hands-on experience in practice. I also really value the role veterinary nurses play in supporting both animals and their owners, particularly when they're going through a difficult time.

Describe a typical day at college:

A typical day for me starts quite early because I commute from Dublin. One of the best things about starting the course was meeting a good friend on induction day who also commutes, so we usually travel together. We

encourage each other, help each other out with study, and having someone to share the journey with makes the early mornings much easier. Most days lectures started at 9am. We usually got a short break during lectures, which was always appreciated as it gave everyone a chance to reset, grab a coffee, and get ready for the rest of the morning. At lunchtime, we had about an hour break, which I liked to spend catching up with the group of friends I made in class. Classes generally finished around 3pm or 4pm, and then it was time to head back to Dublin. The commute felt quite long at first and definitely took some getting used to, but after a while it became part of my routine. I often use the journey home to relax, listen to music, or even get some sleep on the bus before starting the next day all over again.

What do you enjoy most about Student Life in DkIT:

What I've enjoyed most about student life at DkIT is getting to know my classmates and being part of a supportive group. I've enjoyed the conversations before and after lectures, working together on assignments, and meeting people from different backgrounds. It's made college feel welcoming and has helped me enjoy my time here!

What are your plans for the future when you have completed your programme?

Once I've completed my veterinary nursing course, I'd like to start working straight away to gain experience and continue developing my skills in practice. I'd also love to get involved in volunteering with wildlife rehabilitation organisations, as I've always been interested in animal welfare and helping injured wildlife. I think it would be a great way to learn more, give back, and work with a wider variety of animals.

What three pieces of advice would you give to students coming to do your programme?

1. Don't compare yourself to your classmates. Everyone comes into the course with different experiences, strengths, and learning styles. Focus on your own progress rather than worrying about where other people are at.
2. Try not to stress over every small thing. It's easy to get caught up worrying about individual assignments or tests, but remember that one result doesn't define how you'll do overall. Stay consistent and trust the process.
3. Go to your lectures. It sounds obvious, but attending classes really makes a difference. You learn a lot, get the chance to ask questions, and lecturers often highlight

important topics that can help you prepare for assessments and exams.



DK784

Bachelor of Science in Veterinary Nursing

3rd Year

Amanda

Brown

Why did you choose your programme of study?

I've always really loved animals and knew I wanted to work with them. The Veterinary Nursing course in DkIT was most favorable to me because of the smaller class sizes, and regular work placement and practical opportunities. These were all really important to me as smaller class size allows for more time with lecturers and personalized help. The many placement and practical opportunities were a big factor in my choice because I think it's really important to have both academic and practical experience in such a hands on career.

What do you enjoy most about Student Life in DkIT:

Student life at DkIT is really good. There is plenty of events and activities planned on campus that keep the energy high. I really enjoy the many nights out planned

throughout the year, it's good to be able to take a break from work and have fun with your friends in college.

What are your plans for the future when you have completed your programme?

I plan to work as a veterinary nurse in Ireland for a while then hopefully work abroad with exotics to further my education of different species. I'd like to travel and expand my experience in all aspects of veterinary nursing.

What three pieces of advice would you give to students coming to do your programme?

Put yourself out there, it can be hard to jump into such a new environment but if you just be yourself you'll settle in well.

Talk to people and attend events. College events are a great way to meet new people and make friends.

Be proud of yourself and kind to yourself too. College can be hard at times as it's a higher level of work, but if you got in that's proof you can do it so keep going and don't give up.



DK784

Bachelor of Science in Veterinary Nursing

2nd Year

Aoibhin

Clarke

Why did you choose your programme of study?

I chose Veterinary Nursing because I have a keen interest in the care and welfare of all animals. Coming from a agricultural and Equine background I have grown up around animals my whole life, knowing from a young age that this was a industry I wanted to be involved in. In school I really enjoyed Biology and Agricultural Science, knowing Vet Nursing requires a strong basis of Biology, I knew it would suit me to a T.

Describe a typical day at college:

My typical day at college begins in my student accommodation where I live with other DkIT students, whom I get along really well with. One of which happens to be a class peer. We walk to our first lecture of the day depending on what we had that day. I always take notes in class to keep on top of material. I attend all

my labs as find them really beneficial. We go for lunch either on campus or elsewhere in Dundalk. After the lectures are finished for the day I try to spend time in the library to revise material learned that day, usually accompanied by fellow classmates.

What Sports / Clubs and Societies do you belong to:

None.

What do you enjoy most about Student Life in DkIT:

I really enjoy the practical learning emphasis that the college practices. I love going to labs and skills sessions with the rest of my group. Our lecturers are very inclusive and aim for the very best learning experience. I find it refreshing to be surrounded by people who have the same interests as I do. This allows us

to learn from each other and combine efforts.

What are your plans for the future when you have completed your programme?

I aim to work as a Registered Vet Nurse in a practice. As of right now I am leaning towards large animal nursing but by the end of the course who knows as I do enjoy working with small animals. In my leisure time I hope to have my own sheep farm at home. Of course have a few horses on site too!

What three pieces of advice would you give to students coming to do your programme?

1. Come in with a good attitude towards learning as it is not a easy degree.
2. Do not underestimate the relevance of practical experience.
3. Have fun, enjoy it, it is such a rewarding career. Do not let grades and results drag you down, they don't always measure success.....



DK784

***Bachelor of Science in
Veterinary Nursing***

2nd Year

Katie

Fallon

Why did you choose your programme of study?

I have always had a passion for animals ever since I was younger, I have always dreamed of working with animals. Prior to this course, I worked as an Animal Care Assistant for a couple of months. Working there made me realise that I wanted to pursue Veterinary Nursing by shadowing the other nurses. I like the fact that the course is primarily practical, placement and laboratory based as this will help us gain understanding of the industry. DkIT was the most local college to me and I have always heard good experiences from other people! It is a great college.

Describe a typical day at college:

A typical day of college is Monday to Friday - can depend on the semester! My days mainly range from 9am-4pm most days, the latest being 5pm for the practical days. I arrive at

8am, to get parking, I meet my friends in the coffee dock every morning and we walk to class together. Lectures normally last 1-2 hours, depending on the module and the laboratory classes are 3 hours. We head for lunch at the Snack Box. It is also important that you check your timetable regularly to see if there are any changes, sometimes there can be!

What Sports / Clubs and Societies do you belong to:

I do not do any sports or societies.

What do you enjoy most about Student Life in DkIT:

I enjoy the social aspect of college. I like that DkIT is practical and placement based as that is how I learn better. The people at DkIT, whether that is people or the staff, everyone

is always so welcoming and there is a warm atmosphere. The facilities and support are amazing, especially the lecturers!

What are your plans for the future when you have completed your programme?

My plans for the future after the course is to successfully become a qualified Veterinary Nurse, and work in preferably a small animal clinic! I have always wanted to travel, so maybe getting an opportunity to work as a Veterinary Nurse abroad would be pretty cool!

What three pieces of advice would you give to students coming to do your programme?

3 pieces of advice I would give to new students coming in is:

1: Have the right mindset! I know it can be daunting transitioning from schools, PLCs etc, to college. But having a good mindset will make the college journey easier and influence good decisions and influence your happiness and wellbeing. Know its okay to learn from mistakes as this reflects personal growth.

2. Don't be afraid to ask questions: Personally I am a naturally reserved person, but what I have learned from starting college is that you need to ask questions to progress in your learning and in all honesty, you will never be the only one wondering the same thing!

3. Just enjoy it: We were all accepted into this course because we all have a passion right? So take that chance! Make the most of it, embrace it, get out there in the world make yourself known! and most importantly, all of this hard work will pay off and it will all be worth it in the end! :)



DK784

***Bachelor of Science in
Veterinary Nursing***

2nd Year

Chloe

Farrell

Why did you choose your programme of study?

I have always had a passion for animals and helping them in any way I can, so I chose a future career where I can appreciate my love for animals.

Describe a typical day at college:

Attending lectures, lunch with friends and some extra study in the library.

What are your plans for the future when you have completed your programme?

Hopefully be a RVN! And also travel once I have my degree.

What three pieces of advice would you give to students coming to do your programme?

Put yourself out there even if your shy.
Work hard.

Make some new friends and enjoy it!!



DK784

Bachelor of Science in Veterinary Nursing

2nd Year

Leah

Farrell

Why did you choose your programme of study?

I choose Veterinary Nursing as my programme to study as it has always been an area of interest and curiosity for me. I was surrounded among animals from a young age and grew to love being around them and grew enthusiastic to learn about them further. It was the only career I felt deeply about and had the passion to push myself to do, the desire never left and has only grown stronger as I've joined the programme.

Describe a typical day at college:

My typical day within college includes attending my classes, having lunch with my friends from my course, spending some time in the evening within the college library catching up on work and completing revision. During the week I also try to attend the gym to incorporate fitness within my days to give

me a distraction to exercise my body and clear my mind.

What Sports / Clubs and Societies do you belong to:

None.

What do you enjoy most about Student Life in DkIT:

I enjoy my classes and my lectures that I have week to week, I enjoy my friends that I have made within my programme. My course is small numbered so I further enjoy the relationships I have with each of my lectures, fellow staff members. I further enjoy the facilities DkIT offer specifically the free access to the gym which is ideal and very important for students to encourage fitness beyond classes.

What are your plans for the future when you have completed your programme?

My plan when I have completed my course is to hopefully enter into practice, recently I have grown a great interest within large animal so hopefully within my future practice it involves large animal work. However, I do enjoy small animal work too so, I would ideally like to work within a mixed practice.

What three pieces of advice would you give to students coming to do your programme?

I would advise students to make the most of the classes to attend them and be present as it helps hugely with understanding the content and avoids falling behind.

I would also encourage them to put themselves out of their comfort zone to socialise and make friends within the programme.

I would further give them advice on joining the gym, clubs or societies as it's important to have activities beyond classes and benefits with making friendships and networking with others courses too.



DK784

Bachelor of Science in Veterinary Nursing

2nd Year

Eltton

Lima

Why did you choose your programme of study?

I always loved animals and I felt this course was the best for me.

Describe a typical day at college:

Study with my friends.

What Sports / Clubs and Societies do you belong to:

No societies.

What do you enjoy most about Student Life in DkIT:

The friends I made.

What are your plans for the future when you have completed your programme?

Work in veterinary clinic and advanced my medical care for the animal patient.

What three pieces of advice would you give to students coming to do your programme?

Take easy and don't overthink.



DK784

Bachelor of Science in Veterinary Nursing

2nd Year

Roisin

Lyons

Why did you choose your programme of study?

I have always wanted to study Veterinary Nursing and the points were too high to study in UCD (opted for it as it was closer to home). So it was between Dundalk and athlone but I'd heard better things about the Dundalk Veterinary Nursing course so that's what made my mind up.

Describe a typical day at college:

I live on the college campus so my day in college usually just blends into my day, as I spend a lot of time in the library when not in class and the college gym. I'm in a full time course so usually in college everyday for long periods of time.

What do you enjoy most about Student Life in DkIT:

I love going on nights out organised by the college with my friends.

What are your plans for the future when you have completed your programme?

I plan on travelling abroad after I've done my fourth year in Dundalk, I will continue to work in my current veterinary clinic for the next two years to ground myself as a new grad. Then I plan on travelling and moving abroad, and working as a vet nurse there.

What three pieces of advice would you give to students coming to do your programme?

Try to find a healthy way to balance everything in life.

Utilise the library.

Put yourself out there on your first day, it's the hardest day of the college year but can make the rest of your years easier.



DK784

Bachelor of Science in Veterinary Nursing

2nd Year

Fionnuala

Mullen

Why did you choose your programme of study?

I chose to study in DkIT because I have a couple of friends who attended the course here for Veterinary Nursing and I was only told really positive things about the course. They are exceptional at what they do and I wanted to become an amazing Veterinary Nurse like they are.

Describe a typical day at college:

First I head to college to attend my morning lectures. On break we usually head to the coffee dock or the snackbox (best place for chicken fillet roles btw). After evening lectures I usually head to the library to catch up on some notes or studying.

What do you enjoy most about Student Life in DkIT:

I really enjoy the practical labs that we have during the week, especially the dissections.

What are your plans for the future when you have completed your programme?

I plan to work in a small animal veterinary clinic when I graduate. I have a big interest in emergency and inpatient care so I hope to work in a busy veterinary hospital.

What three pieces of advice would you give to students coming to do your programme?

1) I would definitely recommend going to as many lectures as you can as you will understand the material so much more if you are present in class!

2) Try to make some friends early on in the course, life is so much easier when you have some pals to have fun with and look to for help if you need.

3) Organise your practice placement as soon as possible, they book up so fast!



DK784

Bachelor of Science in Veterinary Nursing

2nd Year

Sophia

Ricourt

Why did you choose your programme of study?

I chose to study Veterinary nursing at DKIT as i've always had a passion for animals and their wellbeing. After doing work experience in a veterinary practice and seeing the role of a veterinary nurse in the practice, I knew it was what I wanted to study. I am really enjoying it so far and look forward to continuing my study in 2nd year!

Describe a typical day at college:

I wake up around 6am. I meet my friends at the DKIT gym before college. We leave the gym at 8 and go to college. After our lectures we usually go to the library to study. Each day is different depending on what's happening but this would be a typical day!

What three pieces of advice would you give to students coming to do your programme?

Be open to meeting new people

Join clubs you are interested in

Study !!



DK784

***Bachelor of Science in
Veterinary Nursing***

2nd Year

Aleksandra

Strelcova

Why did you choose your programme of study?

My decision to do this course programme of veterinary nursing is due to my personal belief that animals are far more than just pets, they are someone who is a cherished family member and a lifelong companion. My own personal push to my own found passion was due to personal loss of my own best friend who passed away due to illness. This experience of helplessness became my primary motivation to pursue this programme. It gave me a drive and purpose to endure that other people never needed to experience the same heartbreak I did. I want to provide the highest level of care to nurse these vulnerable sick patients back to full health so you are your cherished family member can go on that evening walk once more. I want to be the advocate for those patients that can't speak for themselves. I want to ensure that the bond between human and animal is

preserved through love and care from the veterinary care providers.

Describe a typical day at college:

A typical day at college would always start with a snack for either a vending machine or a cafe get the brain going and sitting down and looking at what topics will be covered in today's lectures to understand what I'm getting myself into. Typical most days are only lectures with many note taking classes but there is an occasional day with a laboratory and those are definitely the most fun and absolutely terrifying days with most labs having a quiz so means you always have to be prepared that's why we go through as is on schedule. Usually my personal schedule timetable only has lunch breaks on some days, but when they happen snack box is the place to go and wind down after all the lectures and mind blowing things learnt in the day end of

the day are usually the same as mornings with either a couple of lectures or a laboratory but they will always fly by as you are never bored.

What Sports / Clubs and Societies do you belong to:

Knitting and crochet society

What do you enjoy most about Student Life in DkIT:

I believe dkrit fosters a vibrant friendly community which is the biggest enjoyment that comes with college life. Making friends and joking different social groups showed me how much of a connected community we are at dkrit we all learned to grow and develop together whether it be in a lecture together or in a society learning new skills being able to interact with so many positive people always makes my day as a student

What are your plans for the future when you have completed your programme?

Upon completing my initial veterinary nursing program, I intend to pursue advanced qualifications in emergency critical care alongside a specialisation in exotic species as these are something that will always be needed in emergency situations but also it is my own personal wish with the unique physiology and requirements for exotic species coupled with high-stakes of intensive care making me believe it is a necessary thing for me to do to personally grow and develop myself into the career and focus on what I believe I'm suited for best. I don't view these certificates as additional credentials but essential tools for a lifelong commitment to the career.

Looking into the far future I would love to someday bridge the gap of clinical practice and scientific research as something I would be interested in doing in the future would be

microbiology or veterinary medicine, as my ultimate goal is contributing to a major discovery of a treatment to an incurable disease. I believe animals should get the same amount of medical advancements as humans I hope to maybe play a bigger role in this development in the future to protect the next generation of pets, as they deserve a chance at a healthy pain-free life.

What three pieces of advice would you give to students coming to do your programme?

1.) TAKE NOTES IN THE LECTURE. we all know the minimum effort we all try to put in and then it all goes south. I personally learnt this myself that if I don't do it in the lecture it will not happen anywhere else so do yourself a favour and take down notes. 2.) ASK QUESTIONS. The amount of times that the question you are thinking of is also someone else's question is very likely you are here to learn there is no such thing as a stupid question it shows you are genuinely interested and engaged with the topic. A lecturer will never reject a question they will always be happy to answer questions it's the whole fun of education finding answers to unanswered questions. 3.) ATTEND THE LECTURES. The notes provided will literally never compare to a face-to-face lecture where some things mentioned in the lecture will never be seen in the notes you having a professional explain the topic to you is much easier than you a rookie trying to grasp a concept with no background knowledge or current understanding.



DK784

***Bachelor of Science in
Veterinary Nursing***

2nd Year

Isabel

Wiseman

Why did you choose your programme of study?

I tried 2 other courses before this one that I did not enjoy. I have always had a passion for animals and love getting to work with them. I was studying in Dublin for both of my other courses and I much prefer being able to live at home now while being at university.

Describe a typical day at college:

Classes start at 9am. There is always a break from 1-2pm for lunch. This semester we have 3 short days that end at 1pm and a day full of labs on a Wednesday.

What do you enjoy most about Student Life in DkIT:

I love being a class rep and finding solutions to problems that my classmates may have.

What are your plans for the future when you have completed your programme?

I would like to continue my studies by completing the optional 4th year of my course and obtaining a Level 8. I plan to work as a veterinary nurse for a few years alongside hopefully undergoing a masters.

What three pieces of advice would you give to students coming to do your programme?

Start thinking about where you want to go for work placement early. Don't let the workload build up. Try not to have a weekend job as the course is very demanding and you will be tired.



DK870/DK871

***Bachelor of Science (Hons) in
General Nursing***

2nd Year

Sylvester

Ansu

Why did you choose your programme of study?

So I study general nursing and i have always wanted to be a nurse growing up, the thought of people able to help people when they are in need or in pian really makes me feel good and makes me feel i am taking care of my community. Also, with nursing it has a very big sector where there are lots of opportunities to look out for in the near future.

Describe a typical day at college:

The day starts out at 9 with classes, I make sure to come early so that I can get in and be settled before the the class starts. before every class I get hot chocolate from the nursing coffee with helps me go through the cold mornings in college. we normally have about 6 or 7 hourly classes withing the day and its spread out between 9 to 5pm. we also get breaks between the classes which helps

with refreshing us for the next class or lecture.

What Sports / Clubs and Societies do you belong to:

Not part of any clubs or societies.

What do you enjoy most about Student Life in DkIT:

that people are very friendly and always ready to help or chart.

What are your plans for the future when you have completed your programme?

To be able to graduate with a good and nice reputation and get a nice job, hoping to also go back to do my masters if the opportunity presents it self to be able to move forward in my profession and become someone prominent in the society and community.

What three pieces of advice would you give to students coming to do your programme?

1. Know your bus schedule if you are not driving to college and be in class on time.
2. people are always willing to help and talk, so whatever that you don't understand just ask and they will help.
3. DkIT has lots of things to offer we the students and the transition into collage is a bit though on students but take your time to think about what ever decisions that you want to make.



DK870/DK871

Bachelor of Science (Hons) in General Nursing

3rd Year

Nathan

Farrelly

Why did you choose your programme of study?

I chose to study General Nursing at Dundalk Institute of Technology because of personal experiences that showed me the important role nurses play in people's lives. When my sister was born sick, I saw firsthand the impact nurses had on both her and my family during a very difficult time. Their care, support, and compassion inspired me to pursue a career where I could help patients and families in the same way. Before starting the course, I worked as a Healthcare Assistant and had the opportunity to work alongside nursing students from DkIT. I was very impressed by their knowledge, professionalism, and clinical skills. They also spoke highly of the college, the support from lecturers, and the quality of the programme, which strengthened my decision to apply. I wanted a course that would prepare me well for clinical practice while also supporting

students throughout their learning, and DkIT stood out as the right choice for me.

Describe a typical day at college:

A typical day at college usually starts early with the bus at 6am. Most days, classes run from 9am–1pm, followed by lunch from 1pm–2pm, and then more classes from 2pm–5pm. Fridays are usually different as we have skills labs in the morning, where we get hands-on practice and develop our clinical skills.

What Sports / Clubs and Societies do you belong to:

None at the moment, but spoiled for choice!

What do you enjoy most about Student Life in DkIT:

What I enjoy most is the strong sense of community and support from students and staff. I've found that everyone is

approachable and willing to help, which makes the course more manageable and rewarding.

What are your plans for the future when you have completed your programme?

After completing my General Nursing degree at Dundalk Institute of Technology, I would ideally like to work in ICU or the Emergency Department and later progress my studies to become an Advanced Nurse Practitioner. However, nursing gives students experience in many different areas, so my interests could change before I qualify as I gain more experience on placement.

What three pieces of advice would you give to students coming to do your programme?

- 1) Breathe and give yourself time to get your bearings. Starting nursing can feel overwhelming at first, but everyone is in the same position and it gets easier with time.
- 2) Ask questions! Don't be afraid to speak up in class or on placement. lecturers and student mentors from the years above are there to help and support you, and asking questions is one of the best ways to learn and build confidence.
- 3) Enjoy every moment. We are very lucky to be in a position where we can care for people when they are at their most vulnerable and be part of their recovery journey.



DK870/DK871

Bachelor of Science (Hons) in General Nursing

3rd Year

Ana Maria

Iftimie

Why did you choose your programme of study?

I chose to study nursing at DkIT because I wanted a career where I could make a meaningful difference in people's lives. As a mature student I wanted to pursue a profession that combines compassion, responsibility, and lifelong learning. Nursing stood out to me because it offers the opportunity to care for people during some of the most important and vulnerable moments of their lives. I chose DkIT specifically because of its strong reputation for student support and practical learning. The programme offers a good balance of academic study and clinical placement experience, which helped me develop both confidence and real-world skills. I also appreciated the welcoming atmosphere and the encouragement given to mature students returning to education.

Describe a typical day at college:

A typical day at college includes lectures and practical classes, followed by spending time with friends between classes. Many students meet in the canteen for coffee or lunch, which is a great way to relax and socialise. The atmosphere at DkIT is friendly and supportive, and every day brings a good mix of learning and student life.

What Sports / Clubs and Societies do you belong to:

None for now.

What do you enjoy most about Student Life in DkIT:

What I enjoy most about student life at DkIT is the supportive and welcoming environment. As a mature student and a mum, returning to education was a big step, but the lecturers and classmates have made the experience

very positive. I enjoy meeting people from different backgrounds and learning together through both theory and clinical practice. The nursing programme is challenging but rewarding, and I like that what we learn can directly help people in real life. I also appreciate the balance between academic learning and practical placement experience, which helps build confidence and professional skills.

What are your plans for the future when you have completed your programme?

After completing my nursing degree, I plan to work as a registered nurse and continue building my clinical knowledge and experience in a hospital setting. In the long term, I would like to continue progressing within the nursing profession through further education and specialist training. Nursing offers many progression routes, including opportunities in leadership, specialist nursing, education, and advanced practice roles. I am particularly interested in pathways such as RANP/RAMP programmes, which allow nurses to expand their clinical responsibilities and expertise while contributing at a higher level within healthcare services. My goal is to build a rewarding and stable career where I can continue learning, provide high-quality patient care, and make a positive impact on patients and their families. I also hope to encourage lifelong learning and professional development throughout my nursing career.

What three pieces of advice would you give to students coming to do your programme?

1. Stay organised from the beginning and try to keep up with coursework and assignments each week.

2. Don't be afraid to ask for help or support from lecturers and classmates — everyone is learning together.

3. Take care of your wellbeing and maintain a balance between study, placement, family life, and rest, especially during busy periods.



DK870/DK871

***Bachelor of Science (Hons) in
General Nursing***

2nd Year

Emily

McMahon

Why did you choose your programme of study?

I've worked with loads of student nurses from DkIT and they've all recommended it as I've always wanted to go into a career in nursing.

Describe a typical day at college:

Classes from 9am till 5pm, some days can finish earlier than planned which is always nice. One day a week we'd have our practical skills day and the labs can be booked to practice these skills too.

What do you enjoy most about Student Life in DkIT:

What I enjoy most about student life at DkIT is the sense of community and support between students and lecturers. As a nursing student, the course can be challenging at times, so having supportive and approachable lecturers

makes a huge difference.

What are your plans for the future when you have completed your programme?

I want to continue developing my knowledge and skills through further education and training. I want to work within paediatrics.

What three pieces of advice would you give to students coming to do your programme?

1. Stay organised from the beginning, nursing can get busy quickly with assignments, placements, and study, so good time management really helps.
2. Don't be afraid to ask questions, lecturers are there to support you, and everyone is learning.
3. Take care of yourself as well as your studies.



DK872/DK873

***Bachelor of Science (Hons) in
Intellectual Disability Nursing***

3rd Year

DARREN

Kirk

Why did you choose your programme of study?

The small class sizes compared to other colleges.

Describe a typical day at college:

Have lectures throughout the day but we would have tea/coffee breaks throughout the day aswell.

What do you enjoy most about Student Life in DkIT:

The friends you make along the way.

What are your plans for the future when you have completed your programme?

To work as a Nurse.

What three pieces of advice would you give to students coming to do your programme?

Hit the ground running immediately and attend all classes because this is essential when it comes to assignments or exams.



DK872/DK873

***Bachelor of Science (Hons) in
Intellectual Disability Nursing***

3rd Year

Claire

Mcgreal

Why did you choose your programme of study?

I have previously worked as a Healthcare assistant and wanted to do my nursing for a number of years and finally took the plunge.

What do you enjoy most about Student Life in DkIT:

I have really enjoyed my time so far in DkIT, the best part though has been meeting new people and have now met people that will be lifelong friends.

What are your plans for the future when you have completed your programme?

I want to stay in ID nursing but I'm seriously considering doing my mental health nursing course after I complete my degree.

What three pieces of advice would you give to students coming to do your programme?

1. Join as many societies as you can.
2. Enjoy the whole experience and making friends.
3. If you have any worries or concerns reach out as there are so many resources in college.



DK874/DK875

***Bachelor of Science (Hons) in
Mental Health Nursing***

3rd Year

Aisling

Tibby

Why did you choose your programme of study?

I went back to study as a Health care assistant and I really enjoyed the learning and routine of it. I have been working as a HCA and decided I wanted to further myself, I always had an interest in Mental Health so it was the obvious choice for me and I have enjoyed every minute from I started the course. I also really liked the opportunities that DkIT provide for their learners whilst studying here.

Describe a typical day at college:

It is different going back to education but great... it starts with early morning coffee and chat before the first lecture or seminar of the day. Then short breaks in between classes throughout the day helps as they can be busy and most days are full days.

What do you enjoy most about Student Life in DkIT:

It is a different experience going back to college for me as a mature student, however I have found it very enjoyable up until now. DkIT has opened doors for me in my learning and experiences in this degree and I know it will hugely benefit my future as a registered nurse. I know that I done the right thing in picking this course in DkIT as the campus itself has everything I need as a student learner, the facilities we have access to are amazing and the lectures make college so worthwhile. My favourite thing about this college experience so far has to be getting to meet everyone in my course that I now see as close friends and if not family, as we have had to go through this course together.

What are your plans for the future when you have completed your programme?

I would like to work as a Mental health nurse either in forensics or children but who knows!!!

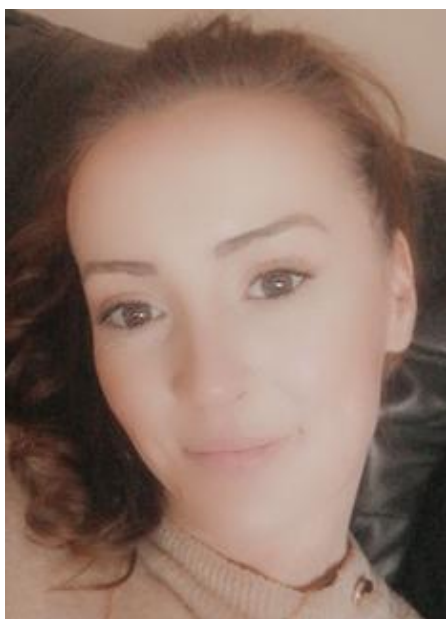
What three pieces of advice would you give to students coming to do your programme?

Enjoy every minute of your time in DkIT it will fly by !!

Go to class as much as you can, it really helps as you take in so much in class.

When you have an assignment or exam start researching it or studying early as you can as it leaves less stress when the due date or exam come round.

The tutors are very helpful and always there to offer support and answer any questions you may have if you need any help just ask.



DK874/DK875

Bachelor of Science (Hons) in Mental Health Nursing

3rd Year

Siobhan

Gavaghan

Why did you choose your programme of study?

I realised I had a passion for mental health and want to help people, I had a lot to learn about myself and make adjustments and knew this course would benefit me and others along my journey through life. You learn skills that's needed in everyday life.

Describe a typical day at college:

I get in just before 8am to get free parking, I sit with my classmates and sometimes lecturers for an hour drinking tea, then we go to class at 9am, tea at 11am then lunch at 1pm in canteen. We finish at 4pm Someday, some days 1pm. I go to the library untill 7pm then gym with jacuzzi and steam room then home for 10pm.

What Sports / Clubs and Societies do you belong to:

Breakfast club on Wednesday morning, Christian union, DkIT sport.

What do you enjoy most about Student Life in DkIT:

The support the lecturers gave, hiking trips with the college, meeting new people, having chats with coffee, lunch vouchers, student assistant fund, laptop loan, DkIT sport.

What are your plans for the future when you have completed your programme?

I hope to work in acute unit in Dublin while studying a masters, although I will take a year gap from studying after I qualify.

What three pieces of advice would you give to students coming to do your programme?

Read the policies they have most of what you need, don't be afraid to ask for help or

support, talk to everyone, because everyone has something you can learn from, apply for all supports available, if your having a hard time talk to lecturer, pastoral care or counsellor, come before 8am for free parking.



DK874/DK875

Bachelor of Science (Hons) in Mental Health Nursing

2nd Year

Percy

Mpofo

Why did you choose your programme of study?

I chose to study Mental Health Nursing at Dundalk Institute of Technology because I have always been interested in supporting people through difficult times and making a positive difference in their lives. Mental health is such an important part of overall wellbeing, and I wanted a career where I could combine compassion, communication, and practical skills to help others every day. DkIT stood out to me because of its strong reputation for nursing education and the supportive learning environment it offers students. I was also drawn to the balance of theory and clinical placement experience, as it allows students to develop confidence and real-world skills throughout the programme. Studying mental health nursing is giving me a deeper understanding of people, resilience, and empathy. It is a challenging but rewarding path, and I feel motivated knowing that the

work I do in the future can have a meaningful impact on individuals, families, and communities.

Describe a typical day at college:

Attending Lectures, practical classes, meeting classmates to study or work on Assignments. The days can be busy but supportive and atmosphere and interacting with the Lectures and friends make college life enjoyable.

What do you enjoy most about Student Life in DkIT:

What I enjoy most about student life at Dundalk Institute of Technology is the supportive environment and the friendships you build along the way. The campus has a welcoming vibe, and lecturers are approachable, which makes studying less stressful and more enjoyable.

What are your plans for the future when you have completed your programme?

Once I complete my Mental Health Nursing degree at Dundalk Institute of Technology, I hope to work as a registered mental health nurse in a supportive and person-centred healthcare environment. My main goal is to help individuals who are struggling with mental health challenges by providing compassionate care, building trust, and supporting their recovery journey. I would also like to continue developing my knowledge and skills through further training and professional experience. In the future, I may specialise in areas such as adolescent mental health or community mental health services, as I am passionate about early support and promoting mental wellbeing. Beyond my career, I want to make a positive impact by helping reduce the stigma surrounding mental health and encouraging more open conversations within communities. I believe mental health nurses play an important role in supporting not only individuals, but also families and society as a whole, and I hope to contribute meaningfully to that work throughout my career.

What three pieces of advice would you give to students coming to do your programme?

1. Stay organised from the beginning. Nursing can be demanding, so keeping up with assignments, placements, and study notes will make things much less stressful.
2. Don't be afraid to ask for help. Your lecturers and classmates are very supportive, and reaching out when you need guidance can really help you grow in confidence.
3. Take care of yourself as well as your studies. Mental health nursing can be emotionally challenging at times, so making time to rest,

reflect, and maintain a healthy balance is very important.



DK876

Bachelor of Arts (Hons) in Early Childhood Studies

4th Year

Malic (amber)

Mulholland

Why did you choose your programme of study?

I chose this programme in Early Years as I had always enjoyed teaching and love to learn. I had taught workshops before in youth theatre for people between the ages of 12 - 21. Though I found it very enjoyable, I've always imagined myself teaching and working with younger children. Since I find their view of the world and thoughts very interesting. I have great respect to teachers and Educators in what they do as it is far from easy to teach and go through what they do. They truly are the most heart-working and underappreciated people in the world. I truly feel that teaching was meant for me and since going this programme. My love for teaching has only gotten stronger and the memories I made throughout my placements will always stay with me.

Describe a typical day at college:

A typical day in college would be having a 9:00 am lecture till 11:00, you would then get an hour or two hour long lunch. Which I was always aim to take it at the same time as my friend group. Then the majority of the time, you could finish college between 3 to 5 o'clock. Nothing longer than that, throughout the weekly timetable you would often get 4 days of college and one day off to study at home. I commute to college in which I would take the DkIT shuttle bus into the campus from the train station. The timetable for the buses can be found on the DkIT website.

What Sports / Clubs and Societies do you belong to:

I belong to three societies, I am a member of the Neurodivergent Society, the Fashion Society and the Pride society. I enjoy taking

part of the society events and making new friends throughout. I have dyslexia and I like having that safe a space.

What do you enjoy most about Student Life in DkIT:

I enjoy the events and meeting new people. I knew no one when I first started college, though now in my fourth year I have a very close friend group with people from different courses around the college. In college you not only chose what course you want to study and learn but you also meet your people. I have gone to a lot of the different events for the societies and plan to go to even more this year.

What are your plans for the future when you have completed your programme?

For myself, I have a few different plans for where I would like to be once I'm done college. I would love to own my own service based in the outdoors with the teachings of Steiner and Sandseter. As I love the outdoors and am very passionate about children being outdoors with nature as it's crucial for their development. Though I also enjoy the policies and paperwork side to early years and especially health & safety. I would love to be an early years inspector. Ensuring that rooms, building, staff, equipment and policies are up

What three pieces of advice would you give to students coming to do your programme?

to code. I have confidence in my abilities to achieve anything I set my mind too.

What three pieces of advice would you give to students coming to do your programme?

The three pieces of advice I'd give when doing this course;

1. It's important you focus on your own mental wellbeing, there will be times you'll be stressed and lose your cool. Mainly with going on placements and doing assignments. It's important to take care of yourself and if you need that minute to breath. Take that minute.
2. It's important to be Social, there will be times were you'll have to stick your nose in the books and study. Though it's also important to take advantage of the campus, joining some societies, going to the DkIT Gym and even going to the events. Though it's important to be on top of studies and assignments, it's also important to switch off too.
3. My last advice to give is to study, work hard and create a routine. Once classes start in college it can be difficult to create a routine, with finding time to study, work and be social. It can be a lot. So trying to create that routine would go a long way.



DK880

***Bachelor of Science (Hons) in
Health and Physical Activity***

3rd Year

Jessy

Arogundade

Why did you choose your programme of study?

I am passionate about all sports and enjoy learning about how the body works. Being a friendly person, I also enjoy that my course allows me to be social.

Describe a typical day at college:

Class starts at 9AM but we get breaks throughout the day depending on your lecturer. On my breaks I go to the MPC to play basketball, or I hang out in the Snack Box playing pool. Otherwise if there are events on I'll try and participate.

What Sports / Clubs and Societies do you belong to:

Ladies Basketball and Ladies Soccer.

What do you enjoy most about Student Life in DkIT:

The small community makes it easier to make connections, good lecturers, and helpful staff.

What are your plans for the future when you have completed your programme?

To go into PE teaching as well as personal training. Much later in the future I would like to set up my own gym.

What three pieces of advice would you give to students coming to do your programme?

Engage as much as possible to make connections. Life is easier, the more people you know.



DK880

***Bachelor of Science (Hons) in
Health and Physical Activity***

3rd Year

Vanessa

Brennan

Why did you choose your programme of study?

Always had a massive interest in sport from playing high levels loved learning about the body and how it works and recovers. Also talked to students completing the course and sounded like something I would enjoy.

Describe a typical day at college:

Every morning start at 9am. Classes for a couple of hours. Break time with the girls go and grab a coffee. Finish of the day with an hour or double class.

What Sports / Clubs and Societies do you belong to:

Ladies gealic football.

What do you enjoy most about Student Life in DkIT:

The society and clubs available being able to play with high level and experienced players and also to play at such a high level.

What are your plans for the future when you have completed your programme?

I hope to complete a masters to become a physio. I would also love to run a gym on the side with fitness classes and pilate classes also available.

What three pieces of advice would you give to students coming to do your programme?

To join a society or club helps with making new friends and new connections.

Don't be afraid to ask for help if you're maybe struggling with assignments or course work lecturers will always listen and help.

When given course work or assignments, do not let them build up start every assignment when given as it will make life so much easier and to ensure it's handed in on time.



DK880

Bachelor of Science (Hons) in Health and Physical Activity

3rd Year

Shauna

Lynch

Why did you choose your programme of study?

I chose my programme of study at DkIT because it aligns well with both my interests and my personal circumstances. I have a strong interest in this field, and speaking with friends who are currently enrolled in the course has reinforced my decision. They have shared positive experiences about the content and the support they receive, which has given me confidence in the programme.

Another important factor is the location of DkIT, as it is close to home. This allows me to manage my time effectively and maintain a good balance between my studies, keeping my part time job and other commitments. I also value the class sizes, which I understand are manageable and create a more supportive learning environment. Smaller classes make it easier for lecturers to engage with students, answer questions, and provide guidance on assignments. Overall, I believe this

programme at DkIT gives the best opportunity to succeed academically while also feeling supported throughout my studies.

Describe a typical day at college:

A typical day at college can vary depending on the timetable, ranging from shorter days like 9am to 1pm or longer days from 9am to 5pm. Lectures usually include subjects such as nutrition, research, physiology, and anatomy, which provide a strong academic foundation. There are also practical classes, such as gym sessions, we also learn skills like yoga and Pilates, and many more practical classes, making the course more hands-on and engaging. Outside of classes, a big part of the college experience is spending time with friends. We often go into town together to get lunch or go to the canteen on campus, which is a great way to relax and socialize between lectures. Overall, a typical day is a good

balance of learning, practical activity, and enjoying time with others.

assignments, you can have a really positive and enjoyable college experience.

What are your plans for the future when you have completed your programme?

When I first considered my future, my original goal was to become a PE teacher. However, through my experience and learning more about the opportunities available at DkIT, I realised that this course can lead to many different career paths. With the support and guidance provided, I have been able to explore these options in more detail. As a result, I have decided that I would like to pursue a career in occupational therapy. I am interested in helping people improve their quality of life and overcome challenges in their daily activities. This career path feels both rewarding and well suited to my skills and interests moving forward.

What three pieces of advice would you give to students coming to do your programme?

The first piece of advice I would give to students coming into DkIT is to attend all lectures, as this gives you the best chance of understanding the material and achieving good results.

Secondly, I would encourage students to talk to people in their class, even if it feels uncomfortable at first. You will be with these people for 3-4 years, and making the effort early on can lead to strong friendships, my own class now feels like a big group of friends.

Finally, I would say to enjoy the experience. While it is important to stay on top of your work, there is no need to feel too much pressure, especially in DkIT. As long as you stay organized and complete your



DK880

Bachelor of Science (Hons) in Health and Physical Activity

3rd Year

Niamh

Marry

Why did you choose your programme of study?

I chose to study a sports and health course because it has a mix of areas I am passionate about. I have always enjoyed being active and taking part in different sports, and have been playing sports since a very young age. Playing sports regularly has also shown me the importance of maintaining good physical and mental health. This course helps me to deepen my understanding of how the body works, how to improve performance, and how to stay healthy and fit. I am really interested in learning about fitness training, nutrition, and injury prevention, as these are all important aspects of both sports and everyday life. By studying sports and health, I can turn my interests into valuable knowledge and skills that may benefit my future career. Overall, this course is a perfect fit for me because it reflects both my hobbies and my long-term goals.

Describe a typical day at college:

Try and find parking... then go to my lectures, get a monster from snack box at the break of class, maybe go to rocksalt at lunch and the library to keep up to date with notes and assignments.

What do you enjoy most about Student Life in DkIT:

Making friends and having fun nights out and activities to do throughout the year. The good student lecture environment makes classes more enjoyable.

What are your plans for the future when you have completed your programme?

My future plan after completing this sports and health course is to become a PE teacher. I have always enjoyed playing sports and staying active, and I would like to use this

passion to inspire others. As a PE teacher, I want to help students understand the importance of physical activity and maintaining a healthy lifestyle. I hope to continue my studies in a related field, such as physical education or sports science, to gain the qualifications needed for teaching. During this time, I also plan to stay involved in sports, either by playing or coaching, to build my experience and skills. In the future, I would like to encourage students to participate, regardless of their ability. My goal is to motivate young people to enjoy sports, improve their confidence, and develop healthy habits that will benefit them

throughout their lives.

What three pieces of advice would you give to students coming to do your programme?

Be open to making new friends, put yourself out there, make an effort you won't regret it.

Take lots of notes in your heavy lectures especially on things you know you will have trouble remembering, this makes assignments and exams a lot easier to prep for.

Take every opportunity you can to boost your CV and prepare yourself for when you finish college, each year flies by.



DK882

Bachelor of Science (Hons) in Agriculture

2nd Year

Roisin

Gunn

Why did you choose your programme of study?

I chosen to study agriculture at DkIT because from growing up on a sheep and beef farm at home I've always had a keen interest in the agriculture sector, therefore this course was ideal for me as you have the practical experience in Ballyhaise and being outdoors aswell as the scientific and research behind everything in DkIT, therefore I feel you get best of both worlds.

Describe a typical day at college:

Some stressful days but definitely more enjoyable days to out do the stressful ones.

What Sports / Clubs and Societies do you belong to:

I'm involved in the AgSoc in DkIT, I was also the represent for my year in the AgSoc. I

joined the great Ag debate team and really enjoyed it.

What do you enjoy most about Student Life in DkIT:

Getting to know other people and learning from there ideas. I'm learning something that I've a keen interest in and hope to pursue my career further in the future.

What are your plans for the future when you have completed your programme?

I plan, on doing a master's after this course maybe in education or something scientific not so sure yet.

What three pieces of advice would you give to students coming to do your programme?

I would say enjoy it because college flies by it's gone before you know it.

I would advise signing up to everything, that's something I was told when I started and it's probably the best advice I've ever gotten like joining the debate team was out of my comfort zone but I got to meet other agriculture students from other years and it's a way of getting your name out there such as joining the AgSoc team.



DK882

Bachelor of Science (Hons) in Agriculture

3rd Year

Emily

McAleer

Why did you choose your programme of study?

I loved agriculture at school and I have a massive interest in learning how to change our ways to continue to protect our environment.

What Sports / Clubs and Societies do you belong to:

I belong to the DkIT Knitting and Crochet Society.

What do you enjoy most about Student Life in DkIT:

The societies.

What are your plans for the future when you have completed your programme?

I would love to work in a lab in a research position.



DK882

Bachelor of Science (Hons) in Agriculture

3rd Year

Doireann

Nolan

Why did you choose your programme of study?

I chose to study agriculture as I have always had a keen interest in it growing up. I really wanted to expand my knowledge and hopefully pursue a career in agriculture in the future. I choose DkIT because of the hands on experience and skills we get in Ballyhaise college, alongside the lab skills we get to learn.

Describe a typical day at college:

Start college at 10am, before this I meet my friends and have a catchup. I go to my classes. I might grab some lunch in snackbox, and go to the library for study. I then get to go home and unwind for the evening

What Sports / Clubs and Societies do you belong to:

I am a part of the Agricultural society, which we have been trying to revive this year gone.

What do you enjoy most about Student Life in DkIT:

I really enjoy the social aspect of DkIT, there's plenty of areas where students can interact and be social. I also like how much we get to know our lecturers, it makes them a lot more approachable.

What are your plans for the future when you have completed your programme?

I would love to pursue a job in agriculture, I have been looking into graduate programs with Tirlán and Dawn Meats. I have also been considering going into teaching as I like being around people and helping them.

What three pieces of advice would you give to students coming to do your programme?

Take every day as it comes, don't be panicking over little things. Stay on top of assignments, don't leave them to last minute. Don't be afraid to approach lectures and ask for help. Car sharing and carpooling is a great way to get to know classmates and save fuel.



DK882

Bachelor of Science (Hons) in Agriculture

2nd Year

Sarah

Reilly

Why did you choose your programme of study?

I liked how the course combines a focus on theory of different topics relating to agriculture but also allowing us to get hands on experience through practicals and labs putting knowledge we learn into action

What Sports / Clubs and Societies do you belong to:

Ag Society.

What do you enjoy most about Student Life in DkIT:

What are your plans for the future when you have completed your programme?

I would like to either continue my studies into this degree increasing my knowledge, work in a lab setting or work in the department of agriculture. On the side I would definitely like

to operate my own farm and carry on the family farm.

What three pieces of advice would you give to students coming to do your programme?

Speak to everyone in your course although it can be intimidating. Have an open mind when competing different modules. Get stuck in with practicals and don't be afraid to ask questions.



DK883

***Bachelor of Science (Hons) in
Science***

2nd Year

Harlow

Ataman

Why did you choose your programme of study?

DkIT's Science programme offered the route of biopharmaceuticals which greatly interested me as well as the workplace training not just work experience which in my eyes made it more valuable as it guaranteed I'd be learning a lot from it. The small class sizes were another attractive feature considering the course has labs in it, meaning that there'd be more lab hours than would be possible in a large group.

What do you enjoy most about Student Life in DkIT:

At DkIT you can meet people from all walks of life, letting you step out of your usual social bubble and encounter viewpoints different from your own. The fact its a smaller college means that you get familiar with faces quite quickly, making it easier to get to know

people.

What are your plans for the future when you have completed your programme?

Depending on how much I'll enjoy the work training in my 3rd year and if I get sick of studying by the time I'm finishing my 4th year, my plans are to either continue studying and furthering myself in this field or work in the sector.

What three pieces of advice would you give to students coming to do your programme?

1. The workload can pile on quickly, on both the assignment and studying front, so make sure you stay on top of your work, preferably by doing assignments as soon as possible (the topic is fresh on your mind so it'll be easier to do!) and maintaining a realistic study

schedule; my personal recommendation would be the spaced repetition study method.

2. If your maths isn't the best and/or you didn't take chemistry during the LC, make sure to attend the maths lectures! They're a great help as a lot of the maths used in chemistry is covered there, and the course starts from the

basics and builds up at a very approachable pace.

3. Don't be afraid to ask and answer questions from the lecturers! There's truly no such thing as a dumb question and the lecturers are all very kind and approachable people.



DK883

Bachelor of Science (Hons) in Science

2nd Year

Evan

Freeman

Why did you choose your programme of study?

The college is relatively close to where I live so that's one reason I chose DkIT. I've always had an interest in science and when I saw that the college had a various supply of science programmes I decided to apply, and I am very glad I did.

Describe a typical day at college:

A typical day of college would usually start at 9am and would end between 3pm and 5pm, depending on the timetable. The day would consist of tutorials, labs and theory lectures. At around 1pm me and friends would usually go to the snack box or canteen for lunch and would also go to the library to catch up on notes.

What Sports / Clubs and Societies do you belong to:

I don't belong to any sports, societies or clubs in DkIT.

What do you enjoy most about Student Life in DkIT:

I enjoy the the supportive environment that DkIT has for its student and getting to meet new people from different cultural and religious backgrounds and that the staff and lecturers are very friendly and that there is always a lecturer there for you if you are feeling overwhelmed or stressed.

What are your plans for the future when you have completed your programme?

Once I have completed my course I hope to Progress on to a masters degree, the field I would have an interest in would be

microbiology or virology.

What three pieces of advice would you give to students coming to do your programme?

1. Don't be afraid to ask lecturers or tutors questions as they are here for you.
2. Make sure to stay on top of assignments and work as much as possible as you don't want to be stressed out when exams start.
3. Attend class as much as possible and you will understand the structure of the programme better.



DK883

Bachelor of Science (Hons) in Science

2nd Year

Kevin

Kincaid

Why did you choose your programme of study?

I chose Science because I found it very interesting in school when I did Biology learning about animals and how the systems in our bodies work and in Physics where I learned how the universe works and learning more about this has been really interesting in 1st year.

Describe a typical day at college:

I would get the bus in then go to the lectures that are on then on the breaks i would hangout with my friends either on campus or head to the gym or shops.

What do you enjoy most about Student Life in DkIT:

I enjoy the freedom that we are given making us responsible for our own progress as

students and the events that are held.

What are your plans for the future when you have completed your programme?

When I complete my course I would love to get a job in a different country and experience a new country I would like to work in something Pharmaceutical related and I would like to travel the world.

What three pieces of advice would you give to students coming to do your programme?

Have fun.

Study for the exams.

Meet new people.



DK883

Bachelor of Science (Hons) in Science

2nd Year

Caoimhe

McCleery

Why did you choose your programme of study?

I enjoy science and wanted to peruse my passion for environmental science but where I am comfortable and close by.

Describe a typical day at college:

Arriving early before classes to grab a coffee from the canteen and chat attend lectures. Walk around campus if it's sunny, or go up to the library to study. Attend more lectures and tutorials and make my way home leisurely

What do you enjoy most about Student Life in DkIT:

I enjoy how friendly the lecturers and students are. The environment is so welcoming and easy to walk into as a scared first year. The classrooms are small and intimate and ensure maximum listening levels

amongst the class. There are so many facilities for everyone, doesn't matter what you need or want, DkIT has it.

What are your plans for the future when you have completed your programme?

I hope to move to Germany and pursue a career in environmental science, maybe do a masters over there. But overall enjoy my freedom and take all the opportunities I can get in science.

What three pieces of advice would you give to students coming to do your programme?

Be open to join clubs don't be scared to put yourself out there, everyone is welcoming in DkIT

Have fun, and don't forget to attend all your lectures.

Don't hesitate to ask for help.



DK883

Bachelor of Science (Hons) in Science

2nd Year

Jessica

Palin

Why did you choose your programme of study?

I chose to study Biopharmaceutical Science because, at first, I wasn't sure what course to apply for. My love for biology made this program a natural fit, and I appreciated that it offers a broad range of career opportunities, giving me the chance to explore different paths as I learn more about the field. Another important reason was that the course is close to home. With many personal commitments, I didn't want to move away, so being nearby allows me to balance my studies with my life outside college. Having the support of family and friends nearby makes a big difference and helps me stay grounded. Overall, Biopharmaceutical Science feels like the right choice for me—a course that nurtures my passion for biology while offering flexibility and the comfort of staying close to home. It's a decision that supports both my

dreams and my responsibilities, and I'm excited to see where it takes me.

Describe a typical day at college:

Attend lectures, study in the library, pop over to Zambrano for a burrito and chat with the girls.

What Sports / Clubs and Societies do you belong to:

Unfortunately, I don't take part in any societies, clubs, or sports teams, but I use the sports center regularly.

What do you enjoy most about Student Life in DkIT:

I enjoy the small class sizes at DkIT because they allow for closer relationships with lecturers, making learning more enjoyable and supportive. I also appreciate the excellent facilities, especially the Technology Help

Center on Moodle, which provides help with all computer problem.

What are your plans for the future when you have completed your programme?

In all honesty, I'm still unsure which pathway to pursue after my Biopharmaceutical Science degree. I'm considering several options, including continuing my studies with a PhD to deepen my knowledge and research skills. Lecturing also appeals to me, as I enjoy sharing what I've learned and inspiring others. Additionally, I'm interested in specializing in fields like embryology or microbiology, both of which offer exciting opportunities to contribute to important scientific advancements. For now, I'm keeping an open mind, eager to explore different paths and find the one that suits my passion and strengths best.

What three pieces of advice would you give to students coming to do your programme?

1. Lock in for physics!
2. Have fun and make the most of your first year (it goes by incredibly fast)!!!!
3. Work hard it will pay off in the end!



DK888

Bachelor of Science (Hons) in Nutrition and Health

2nd Year

Prince

Ojugbeli

Why did you choose your programme of study?

Growing up, I have always been interested in the medical field. My mother was a head nurse and I got a chance to read the books she brought home, also the surgeries done as she got some of the recordings. I found it fascinating how surgeries worked so I became drawn in. As I grow older, I became more interested in nutrition. Being able to calculate and understand what we eat and how our bodies work I still inspire to be a surgeon with a dietitian background, this programme gives knowledge to multiple fields including research, nutritionist and so much more.

What Sports / Clubs and Societies do you belong to:

Currently I am in the knitting, Formula 1 and nutrition society. Although I am very interested in the archery, golf and chess club

What do you enjoy most about Student Life in DkIT:

I would say the interactions between students, how accommodating everyone is and how helpful the lecturers are. The canteen is quite nice as well, and I enjoy practicing piano at the PJ Carrolls building.

What are your plans for the future when you have completed your programme?

If I was asked this question a few years ago, I would have surely said my end goal after this course would be a nutritionist but that has completely changed. I would like to do my masters in dietetics and go into medicine after, so I can study to be a neurosurgeon or a Trauma surgeon. (any surgical pathway would be good but neurosurgeon is more ideal). I have always been fascinated with surgeries, the pace, complexities and of course saving

lives. Although the study will be atrociously hard, I think with a good mind and spirit, I will be able to accomplish this. A surgeon with dietician background, wouldn't that be a dream.

What three pieces of advice would you give to students coming to do your programme?

- Always go to class, you will regret missing one lesson.
- Make sure to ask questions, the lecturers will be happy to answer.
- Use the facilities well, especially the gym and canteens and join a club.



DK888

Bachelor of Science (Hons) in Nutrition and Health

3rd Year

Ciara

Smith

Why did you choose your programme of study?

My passion for nutrition and its role in preventing diseases and promoting long-term health. I have always been interested in how diet can impact the body, and I wanted to pursue a course that is both science based and applicable to real life. DkIT also appealed to me due to its convenient location close to home.

Describe a typical day at college:

Starts with commuting to campus, followed by attending lectures and practical labs. I then have lunch with my friends, which is a nice break in the day. If it's a shorter day, I go to the gym and then spend time in the library studying or completing assignments.

What Sports / Clubs and Societies do you belong to:

Nutrition society.

What do you enjoy most about Student Life in DkIT:

The supportive yet motivating environment that encourages both academic and personal growth. As a Nutrition and Health student, I value the opportunity to apply my knowledge in real settings, during Healthy Eating Day, I promoted healthy eating and carried out BIA assessments. The lecturers are extremely approachable and helpful, consistently supporting students to reach their full potential. I have also built strong friendships throughout my time here, and the overall sense of community makes student life both rewarding and enjoyable.

What are your plans for the future when you have completed your programme?

I plan to continue my education by pursuing a Master's in Dietetics in either UCD or Portobello Institute, with the aim of becoming a registered Dietitian. I also intend to complete the FE-1 Law exams, as I am interested in incorporating policy and regulation into my career, particularly within the nutrition and public health sector.

What three pieces of advice would you give to students coming to do your programme?

- Stay consistent from the start, don't leave everything until exam time. Keeping on top of notes makes a huge difference and reduces stress.
- Understand don't memorise, focus on actually understanding concepts. This will help you to perform better in exams and apply your knowledge.
- Get involved and build connections, make friends, talk to your lecturers, and get involved in activities. It makes college more enjoyable and helps you grow in confidence.