Guidance for staff who become unwell with possible covid-19 symptoms while on campus –Regardless of your vaccination status!!!

If you feel unwell and have symptoms of COVID-19 you should stay at home, self-isolate and telephone your GP, the Student Health Unit (0429370245) or the HSE (1850 241 850)

In the event that you begin to feel unwell on campus, during your day, and particularly if you experience symptoms associated with COVID-19 eg: cough, shortness of breath, breathing difficulties, fever, aches pains or chills, headache loss or change to taste or smell, sore throat, you should immediately take the following steps:

Do you have a car and feel well enough to travel home

No → Isolate immediately from other people and telephone your manager.

They will assist you in accessing the isolation room.

Wear a face covering

Keep a distance of at least 2 meters from others

Avoid coming in contact with people, touching surfaces and objects where possible

Avoid returning home by public transport if that is how you travelled to work

If possible, request that someone from your household collect you from work

Yes → Self-Isolate immediately from other people and telephone your line manager/HR

Wear a face covering

Keep a distance of at least 2 meters from others

Avoid coming in contact with people and touching surfaces and objects where possible

Go directly home

Self-isolate and follow the advice of your GP

Following seeking medical advice.

Inform your manager or one of the HR team of the advice given and provide details of who you have met and where you have been over the working day.

If you advised by your GP that you are well enough to continue working then that is what you should do.

If you are required to self-isolate then you should follow the HSE guidelines and keep your manager/HR informed.